

Charleston
**RESTAURANT
WEEK**

SEPTEMBER 6th 17



BLU
restaurant & bar

BLU Restaurant & Bar

1 Center Street
Folly Beach, SC 29439

(843) 588-6658

www.blufollybeach.com

3 COURSES FOR \$30

** Subject to change based on availability of seasonal ingredients*

APPETIZER

Fried Manchester Quail

Hot Honey Glaze, Cabbage Slaw

Pickled Shrimp

Fried Plantains, Marinated Onions, Cilantro, Fry Sauce

Butternut Squash Soup

Spiced Pepita, Lemon Crema

ENTREES

Osso Bucco

Saffron Rice, Pigeon Peas, Pork Belly, Adobo Jus

Grilled Duck

Potato Mille Feuille, Wild Mushrooms, Brocolini, Ancho Chili Honey

Fresh Catch

DESSERTS

Apple Hand Pie

Dulce De Leche

Mexican Chocolate Torte

Raspberry Coulis

Executive Chef

Ennio Vazquez

CLICK HERE *to* MAKE A DATE WITH *DELICIOUS*